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Leadership for Public Education

LGBT Community Center Coalition of Central PA's Common Roads, Planned Parenthood of Central PA, Dickinson College's Office of Diversity Initiatives, and Equality PA are pleased to present the **5th Annual GSA Leadership Summit**.

This Summit is an opportunity for students and professionals to participate in workshops designed to help everyone better understand and advocate for lesbian, gay, bisexual, transgender, questioning and allied youth in central PA and beyond.

The GSA Leadership Summit is the only event of its kind in central PA, where LGBTQA students and professionals have a day-long safe space to network, learn new skills, and work toward making central PA a more welcoming place for all people.

For the first time in its history, the Summit will be a two-day event. Friday, February 24 will be for high school students and staff, and Saturday, February 25 will be for college students and staff. Note that some workshops are offered only on Friday or Saturday, and some are offered on both days.

Read about workshops inside this packet, and submit the registration page **by Friday, February 15, 2012** for the early-bird registration rate.



Keynote Speaker Robyn Ochs is a professional speaker and workshop leader, award-winning activist, and the editor of the 42-country anthology, *Getting Bi: Voices of Bisexuals Around the World* (2nd edition) and the *Bi Women* newsletter. Her writings have been published in numerous bi, women's studies, multicultural, and GLBT anthologies, and she has taught courses on LGBT history and politics.

An advocate for the rights of people of ALL orientations and genders to live safely, openly and with full legal equality, Robyn's work focuses on increasing awareness and understanding of complex identities, and mobilizing people to be powerful allies to one another within and across identities and social movements.

Robyn's keynote address, *Imagining Our Lives*, will offer encouraging words for an uneven time of simultaneous progress and set backs for GLBT people and communities.



Workshops: 5th Annual GSA Leadership Summit

Bisexuality: Myths and Stereotypes (FRIDAY ONLY)

What is bisexuality? What does it mean to identify as bisexual? What are some of the challenges to understanding and representing this often overlooked segment of the LGBT community? Please join us for a lively presentation by award-winning speaker, writer, and educator Robyn Ochs. Bring your own list of myths: we'll analyze them a bit and explore their origins.

Presenter: Robyn Ochs, Keynote Speaker

Dating Dilemma: Building Healthy Relationships and Dealing with Unhealthy Ones (FRIDAY ONLY)

While a healthy dating/intimate relationship can be a dream come true, an unhealthy or unsafe relationship often feels more like a nightmare. This interactive workshop will cover warning signs of an unhealthy relationship, barriers and challenges sometimes faced by LGBTQ youth and adults in unhealthy relationships, and ways to deal with unhealthy relationships in our own lives or a friend's life. We will also discuss important rights and responsibilities in a healthy dating/intimate relationship, and the role everyone can play in promoting healthy relationships among our peers and in our communities.

Presenter: Rhonda Hendrickson, YWCA of Greater Harrisburg

How to take this conference back to school! (FRIDAY ONLY)

Club leaders and participants: do you want to spice up your GSA meetings, but don't quite know how? This workshop will help your club hold meetings that share important information and will give you ideas for events to hold at your school. The presenters will provide participants with packets of brief readings that can be used at the beginning of a meeting to spur stimulating and informative conversation. We will work through some of these readings and share information that will help your club be a strong presence at your school. You will leave this workshop with interesting discussion topics and ideas for planning some school-wide activities focused on LGBT activism.

Presenters: Evan Smith, PhD, Associate Professor of Psychology, Elizabethtown College; Megan Yost, PhD, Asst. Professor of Psychology, Dickinson College

Primer on Gender Diversity (FRIDAY ONLY)

What does transgender mean? Genderqueer? How does one go about changing gender? There are more than two genders? For GSA's to best serve their members, it is important for schools, advisors, leadership, and participants to have basic understanding and knowledge regarding who might show up at their door seeking support and connection. This primer on gender diversity will allow participants the opportunity to gain a beginning understanding of persons of transgender experience via presentation by a gender specialist and hearing the personal story of a transgender person, who is the parent of a teenager. This workshop

will provide information on what supports are needed for youth questioning their gender identity and/or youth that have a transgender family member. All youth involved in GSA's can benefit from being heard and witnessing the truth of others by sharing their personal stories. Find out how to construct this opportunity at your GSA and why it is important.

Presenter: Rev. Rik Fire, MSW, LCSW, LISW

Adviser Roundtable (FRIDAY AND SATURDAY)

Gather with other club advisers to share successes, brainstorm solutions to challenges, and hear about what's going on around central PA in GSA's and other work with LGBTQA students. *Note: this is a double session on Friday.*

Fighting for Our Lives (FRIDAY AND SATURDAY)

It's true that people can live with HIV for a long time. But living is more than just not dying, isn't it? As Jennifer Jako, a young woman who is living with HIV says, "If you have HIV, you can live powerfully; if you don't have it, you don't want it." In the 1980's gay men and lesbians fought together for AIDS research, to care for friends who were dying, and to honor those who had passed away. Yet today, the new HIV infection rates among young gay and bisexual men are on the rise. Who will fight for our lives today?

Presenter: Deborah Gable, MA, Planned Parenthood of Central PA

It's All About Connections (FRIDAY AND SATURDAY)

We've all heard the expression "It's who you know!" And many times it's true—so be sure that you know a lot of people, and that they know you! Building connections wherever you are—at school, at work, in your community, playing sports, volunteering—is an important skill to have. Learn how to make meaningful connections that will start you on your way to building your network.

Presenters: Various representatives from the Central PA Gay & Lesbian Chamber of Commerce (CPGLCC)

LGBT Health Issues and Advocacy for a Healthy LGBT Community (FRIDAY AND SATURDAY)

This lecture is a health class that focuses on LGBT health issues and concerns. While many of us had a general health class, few of us have had health information presented to us that focuses on our unique needs as LGBT individuals. Decades of the LGBT community being in the closet and the challenges of "Coming out" have led to some unhealthy lifestyles within our community. Many barriers still exist to culturally competent care for LGBT individuals. However, as the LGBT community becomes more public, the opportunity for research expands. We are beginning to get a clearer picture of the major health concerns LGBT individuals face and how we can all advocate for a healthier community.

Presenter: Mark Smith, Physical Therapist

Dickinson College is a residential campus west of Carlisle, approximately 20 miles southwest of Harrisburg and situated at the junction of the Pennsylvania Turnpike (I-76) and Interstate 81.

Visit www.dickinson.edu/about/visit/maps-and-directions/Maps-and-Directions/ for an interactive directions/maps page.

The main entrance to the Holland Union Building (HUB) is on College St. Some parking is available behind the building on Louther St.



Fifth Annual GSA Leadership Summit Registration Form

**February 24-25, 2012
(Snow date: March 2-3)**

**Professionals: \$40
Students: \$10
(Lunch Included)**

**Email completed registrations to gsasummit@centralpalgbtcenter.org or mail to:
LGBT Community Center, 221 N. Front Street, Harrisburg, PA 17101**

Name: _____ Title: _____

Name of GSA: _____

School/College/Agency: _____

Address: _____

Phone: _____ E-mail: _____

For **Friday, February 24** (high school students and staff)

For **Saturday, February 25** (college students and staff)

_____ Number Attending Lunch _____ Number of Vehicles

Before February 15, 2012:

_____ Number of Staff x \$40 per person = \$ _____
_____ Number of Students x \$10 per person = \$ _____
Optional Donation for Student Scholarships = \$ _____

After February 15, 2012:

_____ Number of Staff x \$45 per person = \$ _____
_____ Number of Students x \$15 per person = \$ _____
Optional Donation for Student Scholarships = \$ _____

TOTAL \$ _____

_____ Pay By Check. Make payable to "LGBT Community Center" with "GSA Summit" in the memo line, and mail to 221 N. Front Street, Harrisburg, PA 17101.

_____ Pay by Credit Card (complete information below)

_____ Visa _____ Master Card _____ American Express

Name as it appears on card: _____

Address: _____

Card Number: _____ Exp. Date: _____

If you do not receive an email confirmation more than one week after sending in your registration, contact Louie Marven at lmарven@centralpalgbtcenter.org or (717) 920-9534.

**High School Students & Staff
February 24, 2012
8:30 am – 3:00 pm**

7:30 – 8:30 am	Registration, <i>Holland Union Building</i>
8:30 – 8:40 am	Welcome
8:40 – 9:40 am	Keynote Address
9:50 – 11:00 am	Workshop Session I
11:10 am – 12:20 pm	Workshop Session II
12:20 – 1:10 pm	Lunch and Networking
1:10 – 2:20 pm	Workshop Session III
2:20 – 3:00 pm	Closing Session

Please mark below the number of individuals from your group attending each workshop.

Workshop participation is offered on a first-come, first-serve basis.

Workshop Session I (9:50 – 11:00 am)

- ___ Adviser Roundtable
- ___ Dating Dilemma: Building Healthy Relationships and Dealing with Unhealthy Ones
- ___ Fighting for Our Lives
- ___ How to take this conference back to school!
- ___ Picking Professional Helpers: Apples or Worms?

Workshop Session II (11:10 am – 12:20 pm)

- ___ Adviser Roundtable
- ___ Bisexuality: Myths and Stereotypes
- ___ It's All About Connections
- ___ We're Here—Now What? Leading Effective and Engaging GSA Meetings

Workshop Session III (1:10 – 2:20 pm)

- ___ LGBT Health Issues and Advocacy for a Healthy LGBT Community
- ___ Primer on Gender Diversity
- ___ Strategies for Success in Organizing for Local LGBT Equality
- ___ We're Here—Now What? Leading Effective and Engaging GSA Meetings

**College Students & Staff
February 25, 2012
10:00 am – 5:00 pm**

9:00 – 10:00 am	Registration, <i>Bosler Atrium</i>
10:00 – 10:15 am	Welcome
10:15 – 11:15 am	Keynote Address
11:25 am – 12:35 pm	Workshop Session I
12:35 – 1:25 pm	Lunch and Networking
1:25 – 2:55 pm	Workshop Session II
3:05 – 4:15 pm	Workshop Session III
4:15 – 5:00 pm	Closing Session

Please mark below the number of individuals from your group attending each workshop.

Workshop participation is offered on a first-come, first-serve basis.

Workshop Session I (11:25 am – 12:35 pm)

- ___ Fighting for Our Lives
- ___ Organizing a Movement to Prevent Sexual Violence on Campus
- ___ Picking Professional Helpers: Apples or Worms?
- ___ Working for Transgender Equality on College Campuses: What YOU Can Do

Workshop Session II (1:25 am – 2:55 pm)

- ___ Adviser Roundtable
- ___ It's All About Connections
- ___ Self-Care for Activists
- ___ TalkingSex@Dickinson

Workshop Session III (3:05 – 4:15 pm)

- ___ LGBT Health Issues and Advocacy for a Healthy LGBT Community
- ___ Organizing for Change on Campus: A Case Study
- ___ Strategies for Success in Organizing for Local LGBT Equality
- ___ We're Here—Now What? Leading Effective and Engaging GSA Meetings

Picking Professional Helpers: Apples or Worms? (FRIDAY AND SATURDAY)

Young people frequently need to visit a healthcare provider and sometimes need to use the services of a behavioral healthcare practitioner for counseling or treatment (perhaps for depression, anxiety, or drug/alcohol abuse). Not all practitioners are knowledgeable, experienced, or friendly regarding LGBTQI issues. This workshop is focused on how to ask questions that provide real clues to whether the provider will be supportive and sensitive and how to take care of ourselves when receiving services in the broader healthcare arena. We will also discuss and use the experiences of participants to guide us in creating a list of questions (and ways to ask them) useful for any future interactions with health/behavioral health providers.

Presenter: Taylor Anderson, MSW, LSW, CPRP, Drexel University College of Medicine, YWCA

We're Here—Now What? Leading Effective and Engaging GSA Meetings (FRIDAY AND SATURDAY)

Do you ever leave your GSA meetings feeling like nothing was really accomplished? Does your group have a hard time staying focused and on task when working on a project? Are you having trouble increasing attendance and participation at your GSA gatherings? If so, this is where you need to be. This workshop will offer specific steps that your group can take before, during, and after every meeting to increase productivity while keeping your members interested and involved. Participants will have a chance to share the struggles and successes of their GSA's, gain insight on what has worked for other groups, discuss meeting topic ideas, and learn strategies from an experienced facilitator.

Presenter: Erica Rich, Planned Parenthood of Central PA

Organizing a Movement to Prevent Sexual Violence on Campus (SATURDAY ONLY)

Student-led movements are powerful entities and are necessary to preventing sexual violence on college campuses. We will walk participants through what sexual violence is, how to talk about sexual assault in a sex-positive way, and some basics of grassroots organizing. Together we can help prevent sexual violence!

Presenter: Katie Taylor, MA, Pennsylvania Coalition Against Rape; Liz Zadnik, MA, Pennsylvania Coalition Against Rape

Organizing for Change on Campus: A Case Study (SATURDAY ONLY)

In Spring 2011, Dickinson College students organized around the issue of stricter sexual-assault policies on campus. Learn how they worked with administration, articulated their message, gained a broad base of support, and conducted their sit in, and get some ideas on how you can work on creating student-led change on your campus!

Presenter: Tiffany Hwang, Dickinson College Class of 2011

Self-Care for Activists (SATURDAY ONLY)

"If I don't do it, it won't get done right (or not at all...)" Have you ever felt overwhelmed, unsupported, exhausted, by your activism? Let's come together to brainstorm strategies for taking care of ourselves while changing the world.

Presenter: Robyn Ochs, Keynote Speaker

Strategies for Success in Organizing for Local LGBT Equality (FRIDAY AND SATURDAY)

Equality Pennsylvania has shifted the focus of the LGBT political movement in Pennsylvania from the state to the local level in order to build grassroots support for LGBT equality across the commonwealth. Passing local ordinances for nondiscrimination, relationship recognition, or to protect LGBT youth is not just important, it is the way to win equality on a larger level. In 2010 and 2011, Equality Pennsylvania helped to pass 10 local non-discrimination ordinances throughout the state and has made it a priority to advance LGBT equality in the Commonwealth through grassroots, local policy reform. This workshop seeks to train interested participants on the strategies that will enable a local equality campaign in Pennsylvania to be successful.

TalkingSex@Dickinson (SATURDAY ONLY)

TalkingSex@Dickinson is an ongoing discussion of gender politics within the LGBTQA community. As youth leaders, we want to have an intellectual discussion of how to combat discrimination and displacement within LGBTQA communities based on gender expression and identity and share our stories of how our gender performances affect our political activism, movement within and between our communities, and our sex/dating lives.

Presenter: Gaven Trinidad, SPECTRUM (Dickinson's QSA)

Working for Transgender Equality on College Campuses: What YOU Can Do (SATURDAY ONLY)

College administrators, faculty members, and fellow students can improve the campus climate for gender variant students and foster an environment in which people of all genders can more readily be themselves. We can do this by supporting openly transgender students and by learning and providing accurate information about gender diversity. College officials need to learn the appropriate language to describe transpeople, educate themselves on transgender history, and seek to understand the lives and needs of gender variant students. The presenters will share best practices and recommendations that folks can implement both in the short term and in long term campus planning based on the research, current literature, and personal experiences.

Presenters: Jen Clements, PhD, LCSW, Shippensburg University; Nate Wolfe, Carlisle Hatha Yoga Center

COLLEGE STUDENTS: You're invited to join SPECTRUM, Dickinson's Queer/Straight Alliance, for the

TASTE THE RAINBOW DANCE PARTY

Time: Friday, 24. Feb, 10pm to 3am | **Entrance Fee:** Absolutely FREE

Location: The Depot/Club 40 (on Dickinson's campus) on the corner of Cherry Street and High Street, Carlisle, PA

Contact SPECTRUM at spectrum@dickinson.edu for more information



*The 5th Annual Summit is now a two-day event!
See inside for registration info.*

LGBT Community Center Coalition of Central PA
221 N. Front Street
Harrisburg, PA 17101

Friday, February 24
High school students and staff
8:30 a.m. – 3:00 p.m.
Registration: Holland Union Building

Saturday, February 25
College students and staff
10:00 a.m. — 5:00 p.m.
Registration: Bosler Atrium

Snow Dates: March 2-3

Dickinson College
Carlisle, PA 17013

Early Registration
Students: \$10
Professionals: \$40



Registration for the 5th Annual GSA Leadership Summit is now open.